



**This Thanksgiving, Thank YOU!**

October 2019



From the steep mountainous highlands of Western Guatemala, to the straw roofs along the very bumpy roads of Sierra Leone and the rural communities with beautiful vistas of Honduras, we want to **thank you** for supporting CAUSE Canada this year. Your contribution is a great blessing and is returned with thousands of smiles from children, women and families that are now going to school and learning to meet their basic needs thanks to your generosity.

**Because of you, in 2018 - 19...**

**2,832**

Women Were Trained  
To Provide Health Services In Their  
Communities

**37,666**

People Benefited From  
Basic Health Care Services

**6,814**

People Were Trained In  
Healthy Nutrition

**3,600+**

Kids Accessed The  
Integrated Resource Library

**560**

Community Meetings Promoting  
Education Were Held

**17,631**

Children Benefited From  
Education Programs

**185**

Women Started  
Their Own Business

**2,592**

Individuals Were Supported By  
The Microfinance Program

**27**

Businesses In Guatemala  
Became Self Sustainable



This year, CAUSE Canada partnered with over **12,640 Indigenous and extremely impoverished women and men** living in rural and remote communities to help them access trained medical services. For people living in rural impoverished regions, many do not have literacy or numeracy skills and have lived a traditional way of life with no medical care leading to high mortality of infants and women. In 2018 - 19, **6,814 women** participated in training to prevent malnutrition and **2,431 midwives and other health aides** were trained in breastfeeding support. Training these men and women to understand that maternal mortality does not have to continue if they seek trained care, can make all the difference for their families, creating a sustainable change that will have long-lasting impact.



Working to make education more accessible and better in quality is at the forefront of CAUSE Canada's work in Sierra Leone. In Koinadugu, Sierra Leone, only **21% of mothers over 15 years of age** have any amount of literacy. This makes early childhood development programming critical as we work together with parents to prepare and support their children to start school. This year, CAUSE Canada had **701 children** participating in Early Childhood Development programs and **16,017 primary and secondary school children** participating in school programs that support their education either by helping them to directly attend school or helping them succeed at school through after-school programs, learning labs, library access and other educational projects. In 2018 - 19, **100 adolescent girls** also entered the CAUSE Carrick Bursary Program, ensuring they will be supported to attend junior and secondary school and go on to University.



## Livelihoods

In most of the impoverished communities where CAUSE Canada works, women have little or no education, yet helping them earn a wage is critical to helping them and their families thrive. For women in the highlands of **Western Guatemala**, raising pigs, chickens and other livestock has significantly helped them improve their lives and that of their families. In **Honduras**, you will see women wearing and selling second-hand clothing often from Canada – using the resources around them to make a living. In 2018 - 19, **185 new businesses** were started by women through our microfinance programs. In **Sierra Leone**, **128 adults** with disabilities participated in apprenticeships to become independently employed with dignity.

**Thank you for your generosity and partnership!**  
**We are incredibly grateful for the difference that together**  
**we are making for people living in extreme poverty.**